



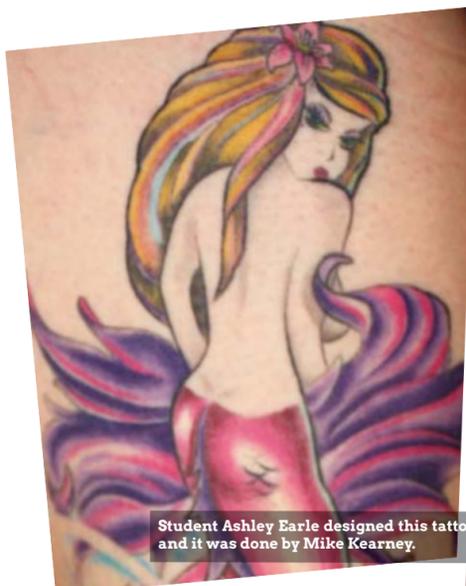
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The Vibe

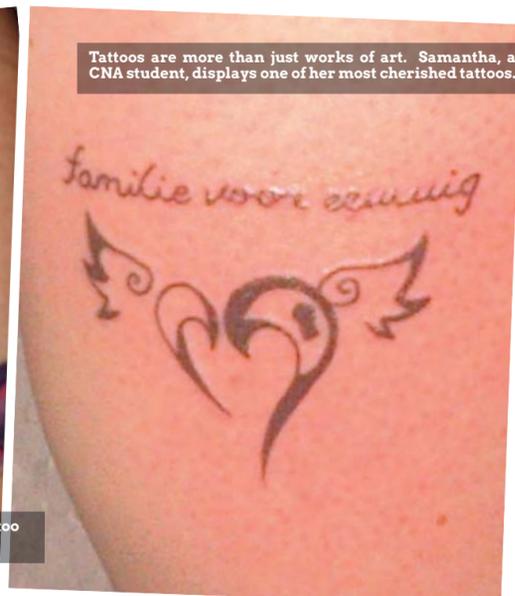
MEME OF THE WEEK

Create your own MEME using your own picture and submit it to **THE VIBE**

SHOW US YOUR TATS!



Student Ashley Earle designed this tattoo and it was done by Mike Kearney.



Tattoos are more than just works of art. Samantha, a CNA student, displays one of her most cherished tattoos.

WHAT'S HAPPENING ON CAMPUS

I am a fourth-year theatre student at Grenfell and I have enjoyed my time here. I go to Harlow, England in January and cannot wait.

This semester we are performing two wonderful shows and hope to see you all at the shows. We at the theatre department of the school would love to see more people from the community in attendance and in support of your local theatre buffs and would like to extend our welcome to those who would

like to just lay back and enjoy whatever we produce.

I am a Corner Brooker and know how much people in our grand city enjoy theatre and such entertainments, although no one really knows about the theatre department at Grenfell so I heartily encourage anyone to swing by and go on the journey that we shall surely take you on.

Cheers,

Jake Bradbury,
Theatre Arts, Grenfell

FAT RANT!

A letter to my hometown

Dear Corner Brook: When did you get so fat? All through my childhood, I never noticed how fat you were. Certainly, living abroad for two years has skewed my perspective, but when I align my perceptions with the obesity statistics in Atlantic Canada, I know I'm not making this up. Y'all are huge.

A stark contrast exists between the health-conscious culture of a large city and the carbohydrate-bloated populace in a small town. I often catch myself wondering why there are so many pregnant women around town, and how come their hubbies have matching gelatinous protrusions.

Granted, it is difficult to ship fresh and undamaged produce to an island where those items cannot be easily cultivated, but how proud should we be about consuming the most preservatives in Canada?

To me, the poor student life means a steady diet of rice, cheap apples and frozen

veggies; I eat this way because I would rather starve than incur debt.

The next time you find yourself walking into a fast food restaurant with the intention of blowing \$20 on garbage that will bloat your belly for the space of an afternoon, stop and consider how much "real" food you could get at a grocery store for that much, keeping in mind how many years it will take you to pay back your student loan.

Sure, \$20 a day sounds negligible, but if you spend that much on food every day for the rest of the year (all 267 days of it), you'll be out \$5,340. Compare that number to our really low tuition fees, and then ask yourself where your student loan is going.

I'm just saying. Put the fork down and you'll notice the correlation between the numbers on your scale and the numbers in your bank account.

Yours truly,
Rachel Bishop

WHAT I MISS

I miss country music stations, the smell of a dog, and warm hugs.

I miss lying on cool hardwood, the sound of the kitchen, and the smell of Mum's cooking.

I miss the concrete basement, my father talking on the phone, and the sound of the dryer beep. I miss movie nights with Derrick, swapping stories, and sharing music.

I miss fuzzy dog paws, the comforter in the living room, and last night's leftovers.

I miss the sound of the dirt driveway, the back porch, and the birds outside my window.

I miss footsteps in the hallway, a wagging tail, and the hum of a ceiling fan.

I miss late night car rides, my favourite books, and the house key.

I miss Mum's hospital uniform smell, Dad's laugh, and the dog's eyes.

I miss my squeaky bedroom door, the sound of my lamp clicking off, my own bed.

I miss waking up knowing exactly where I am every morning.

I miss talking to my friends.

I miss my family.

I miss home.

But I'll be okay; I know they miss me too.

Rachel Fraser

WORDS OF WISDOM

Well, when it came to my experience in university it wasn't something to be admired. I attended Grenfell for a year and half a semester. I learned many things along way as well as some extracurricular activities that weren't included in any syllabus (my aim in beer pong is excellent) and despite the fact some of this knowledge didn't have much to do with most subjects, some of this knowledge can be very useful.

One of the major things that I regret doing was trying to juggle too many things at once. Many people underestimate how busy the life of a student can really be.

There are friends of mine that I still know who managed to pull off a very strenuous schedule throughout the week and I still don't understand how they do it.

Going to university with five courses to study in and keeping a social life can be hard. Slaving away in front of a computer screen for hours may seem like total misery when you hear your friends through the paper thin walls cracking a couple beers. But, it's why you're here in the first place, right?

For many students who are lucky enough to have all their expenses settled away before they hit the books, this may be the most that they have to worry about.

Other students (such as myself) have to take up a job during school so they can pay for the next semester. When your life consists of being a full-time student, part-time worker and party animal all at once it's easy to get caught up in one aspect more than another.

It takes a special kind of person to be able to juggle a social life, school and work all at the same time. Want to know the truth? I am not one of those people, neither are quite a few of the people I know!

So if you're having trouble trying to pull it off, don't feel bad. You just have to do something to simplify your life. So, when you have a choice of school work and play? Pick two if you can't handle three. Either you continue to be a productive student and a productive employee as well as a total introvert or you get to work hard and play harder.

Michael Brinson
(Working to save money to go back to school)

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